

<p>A. INTRODUCTION.</p> <ul style="list-style-type: none"> ❖ In this season of Lent, <i>how do we love God by honoring our (consecrated) body for Him?</i> <p>1. OUR BODIES is a TEMPLE of the HOLY SPIRIT (v.19a).</p> <ul style="list-style-type: none"> ▶ Paul reminded us either committing the potential <i>danger to sin or opportunity for sanctification.</i> ▶ Flee from sexual immorality (v.18). 	<ul style="list-style-type: none"> ▪ Reflect <ul style="list-style-type: none"> ▶ What does Paul mean by “Your bodies are temples of the Holy Spirit?” ▪ Explanation <ul style="list-style-type: none"> ▶ Our bodies used as a tool to accomplish God’s will. • Paul’s exhortation in Romans 6:12–14. • We don’t have to sin just because we’ve the opportunity. We’ve the <i>option</i> to flee & avoid it.
<p>2. OUR BODIES are NOT OUR OWN (v.19b).</p> <ul style="list-style-type: none"> ▶ Corinth Christians faces challenges in maintaining their purity due to the prevalent temptations of Greco-Roman culture of <i>sexual immorality.</i> ▶ v.19b: “do you not know . . . You are not your own.” <ul style="list-style-type: none"> ❖ How to preserve our bodies in honoring the Lord? <ul style="list-style-type: none"> ▶ Flee from sexual immorality (v.18). ▶ Rely fully upon the Lord. ▶ Hold fast to God’s holiness. 	<ul style="list-style-type: none"> • Doctrinally, Paul reminds them that their bodies were the <i>temple</i>, where the Holy Spirit resides. • Our sacred responsibility of preserving our bodies as the temple of the Holy Spirit (see Romans 14:7–8). <ul style="list-style-type: none"> ❖ Reflect: <ul style="list-style-type: none"> ▶ Our viewing, conversations, visited places, or thoughts.
<p>3. OUR BODIES are a SACRED POSSESSION (v.20).</p> <ul style="list-style-type: none"> ▶ Notice v.20a: “you were bought at a price,” go hand in hand with v.19b: “You are not your own.” ▶ v.20b: honoring God with your bodies. 	<ul style="list-style-type: none"> ▪ Explanation <ul style="list-style-type: none"> ▶ Paul not only asserts the “body” is for the Lord, but he <i>inverts</i> the relationship: “the Lord is for the body,” thus affirming the body <i>cannot</i> be freely used in an arbitrary way.
<p>B. PAUSE, REFLECT & TO DO.</p> <ul style="list-style-type: none"> ❖ Recognise that God has purchased us for higher things. ❖ What would we do when we struggle against temptations & to preserve the sanctity of our bodies? 	<ul style="list-style-type: none"> ▶ Consider these <i>two</i> practical steps: <ol style="list-style-type: none"> a) Go immediately to God in confession & prayer (see 1 John 1:9). b) The Church is to be hospital for those who are struggling.
<p>C. CLOSING.</p> <ul style="list-style-type: none"> ▪ One author highlighted this . . .to <i>encourage us to redirect our feet towards righteousness, eyes towards the Savior, ears to hear the Word of Life, hands to engage in the service of the Lord, tongue to sing praises & hearts to embrace Christ’s teachings and share His love with others.</i> 	<p>This statement powerfully captures the <i>heart of Paul’s exhortation</i> in 1 Corinthians 6:19–20: as Christians we are to <u>glorify</u> God with our bodies.</p>